

THE Muluerindie Memo

29TH MAY 2025

from

BENDEMEER PUBLIC SCHOOL

A LITTLE SCHOOL DOING BIG THINGS

CALENDAR OF EVENTS 2025

- June 5 Local Bushwalk with the Preschool
- June 12 Life Education Van
- June 20 School Photos
- June 21 Trivia Night
- July 2 Athletics Carnival
- July 3 School Disco
- July 4 Last day of term

WEEKLY EVENTS

Thursdays-swimming until end of term

- Tuesday Library K / 1/ 2
- Wednesday Library Yr 3/4 5/6
- Friday Lunch orders



Swimming at 360
Fitness



Bendemeer Students are enjoying their lessons and are improving every week!



YOUR SCHOOL YOUR STORY

School photos will take place from 9am sharp on Friday June 20th. Photo envelopes were sent out to all families. Please return ASAP having paid via cash or online. Additional and/or whole school photos will be available to order after photo day.

Bushwalk

On Thursday June 5 between 9.30 and 11.00 we will join the Preschool in doing a bushwalk around the tip and reserve.

Athletics carnival

Families are invited to cheer on their child/ren at our annual athletics carnival

No lunches

Please note lunches will not be available next week June 5th.

Music Tuition by Conservatorium of Music

If you would like your child/ren to have music tuition at school (at your cost) please contact us by 10am Tues June 3rd. Thankyou!

Please continue to advise the school if pick up arrangements for your child/ren have changed.

Allergy Aware School

We are an 'allergy aware' school We have a range of different things in place to support students who have food allergies. Please help us in our efforts to keep these students safe, by avoiding nuts and nut products in school lunchboxes.

The SRC will hold a combined school disco with Woolbrook PS on Thursday July 3rd at the Bendemeer Hall . More information to follow.

Respect Cooperate Strive



Education
Public Schools

Bendemeer Public School

17-27 Charles Street, Bendemeer NSW 2355
T: 02 6769 6532 | E: bendemeer-p.school@det.nsw.edu.au
Facebook: @BendemeerPS | Web: bendemeer-p.schools.nsw.gov.au



Students of the Week 4



Hudson Laurie

**For his enthusiasm in
classroom activities**

Students of the Week 5



Stella Bridges

**For being a hard worker
and always having a
positive attitude**



Stanley Costen

**For improvement in
reading fluency**



Maddy Tolosa

**For a creative and energetic
delivery of her news this week**



Ryan Baylis

**For consistent effort
and achievement in all
areas of schooling**



Ava Treeve

**For consistent effort
and achievement in all
areas of schooling**

Congratulations to Ollie for achieving his Silver Award-Well done!



National Simultaneous Storytime



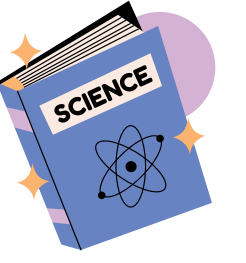
We participated in National Simultaneous Storytime on Wednesday 21st May, organised by the Australian Library and Information Association. The students listened to renowned author Sally Rippin read the story online. Thousands of students across the country listened to the story The Truck Cat by Deborah Frankel at the same time. We have this book in our library collection, thanks to the P & C.

News from the Yr 3/4 classroom



Barraba Cross Country

A few weeks ago some children went to Barraba for the PSSA cross country race. It was a long drive to get there. The sky was cloudy and we thought it might rain. We were all excited but also nervous. The 2k run felt like we ran 4k. Everyone did really well and Riley qualified to go to Coolah for North West Cross country.



Science

In science we have been learning about melting and cooling with Mrs Doak. We have melted butter, marshmallows and chocolate and then tried to reverse the process to cool them. The experiments have been yummy.

Swimming

Every Thursday afternoon this term we get on the bus to go to 360 Gym for swimming lessons. We have been split into 3 groups. Two are in the little pool and one in the big pool. We are all getting a bit better at swimming.



Library News

What is National Simultaneous Day you might ask. It is a day where people all around Australia read the same book at the same time. An Australian author and illustrator is always chosen. The idea is to encourage children to read more. The picture book chosen this year was The Truck Cat. The book was good but probably more for kindy.

Tree Troffs

In term one a lady name Susan Wilson came to our school and showed us why we need tree troffs and taught us about who made them. A tree troff is a water bowl put high up in trees connected to a tank. It can refill and, provides water and protection for animals. We went to our playground and looked for a tree we could use for a tree troff at our school. Mrs Doak showed us what is happening to koalas and other animals. Mrs Doak said we need to look after our trees for birds and other animals. We then went back to the library and were shown us a video of the man that made the tree troffs.



Vocabulary

Over the next two years, Bendemeer Public School will be working with Collaborative Support for Unique Settings (CSUS) Team to boost achievement in reading comprehension, through a focus on vocabulary.

Watch this space as we share our journey with you. Sometimes, we might share what we are doing in our classrooms so that you can talk with your children specifically about what they are learning, but first, a quick introduction.

We have analysed our data and found that a focus on vocabulary is the best fit for our school.

Why is strengthening vocabulary important?

Vocabulary is critical to reading comprehension. Reading requires more complex, and often more abstract vocabulary than that used in everyday spoken interactions. Readers cannot understand what they are reading without knowing what most of the words mean. The development of a rich oral vocabulary through speaking and listening activities is essential for all learners. To facilitate vocabulary learning, teachers promote word consciousness – an awareness and interest in words and their meanings, and explicit teaching.

Screen time




Managing screen time

Screen-Free Week

Earlier this term was Screen-Free Week, which was designed to encourage families, schools and children to take a break from screens and enjoy more fun, play and time together.

Tips to manage screen time in the classroom:

- Set clear policies – define when and how screens should be used in school.
- Incorporate screen breaks – add regular non-screen intervals and physical movement like classroom energisers.
- Teach digital skills – promote responsible use, online safety, and digital literacy.
- Partner with parents – align screen time expectations between school and home.
- Support teachers – train staff on effective tech use and classroom management.

How much screen time each day?		
0-2 YEARS	 NO screen time	Choose active toys and play instead of screens
2-5 YEARS	 Less than 1 hour per day	Less screen time can help kids' sleep and growth
5-12 YEARS	 Less than 2 hours per day	Not including homework time

Source: [Australia's Physical Activity and Sedentary Behaviour Guidelines](#) and [Australian 24-Hour Movement Guidelines](#)



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>